

FOUNDATION FOR YOUTH

# SPRING SEASON 2025



March 31, 2025 - May 21, 2025



**REGISTRATION**  
February 18 -  
April 6, 2025

# \$80



The program taking place at the locations below is dependent on volunteer coaches.

- Clifty Creek
- CSA Fodrea
- CSA Lincoln
- Foundation For Youth
- Mount Healthy
- Parkside
- Richards
- Rockcreek
- Schmitt
- Smith
- Southside
- St. Bartholomew
- Taylorsville
- White Creek

## REGISTRATION INCLUDES:

- NEW 8 Week Curriculum
- Program T-Shirt
- Drawstring Bag
- 5K Race Entry
- 5K Finisher Medal



May 17, 2025



8:00AM | Registration Opens  
9:00AM | Race Starts



Foundation For Youth  
405 Hope Avenue  
Columbus, IN 47201



April 1-30, 2025 - \$20  
May 1-16, 2025 - \$30  
May 17, 2025 - \$35

[foundationforyouth.com](http://foundationforyouth.com)



# FREQUENTLY ASKED QUESTIONS

## SPRING SEASON 2025

### HOW DO I REGISTER?



[WWW.FOUNDATIONFORYOUTH.COM](http://WWW.FOUNDATIONFORYOUTH.COM)



**CUSTOMER SERVICE DESK**  
(812) 348- 4558 Ext. 0



**FOUNDATION FOR YOUTH**  
405 Hope Avenue, Columbus, IN 47201

#### **CUSTOMER SERVICE HOURS:**

**MONDAY - FRIDAY**  
9:00AM - 5:00PM

**SATURDAY & SUNDAY**  
CLOSED

### WHAT IS GIRLS ON THE RUN AND TRAILBLAZERS?

Our mission is to inspire girls and boys ages 8-12 to be joyful, healthy and confident using a fun, experience-based curriculum. The programs creatively integrate running to train for a 3.1 mile running event at the end of the season. The participants meet one or two days a week for approximately 90 minutes. The end of the season is celebrated with a 5K race held at Foundation For Youth.

### WHY ARE SOME SCHOOLS ON A WAITLIST?

A waitlist means we are still looking for a Head Coach or the team is full. We highly recommend adding your child to the waitlist. We will contact those on the waitlist if a Head Coach is found.

### HOW DO I FIND OUT WHAT TEAM MY CHILD IS ON?

The Remind app is a communication platform used for all FFY Athletics programs. The season packet including team rosters and coach contact information will be sent out on the app.

Parent Group: [@GOTRTBLAZE](#)  
Volunteer Coach Group: [@COACHGRTR](#)



### HOW CAN I GET INVOLVED?

Our youth athletic programs are **not possible** without the **commitment of volunteer coaches**. We have a variety of volunteer coach resources on our [website](#).



#### Visit Our Website

- ✓ Volunteer Coach Corner
- ✓ Parent Portal
- ✓ Additional Frequently Asked Questions

