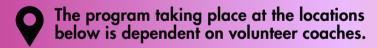
# **FOUNDATION FOR YOUTH**

March 31, 2025 - May 21, 2025





- Clifty Creek
- CSA Fodrea
- CSA Lincoln
- Foundation For Youth Southside
- Mount Healthy
- Parkside
- Richards

- Rockcreek
- Schmitt
- Smith
- St. Bartholomew
- Taylorsville
- White Creek

# REGISTRATION **INCLUDES:**

- NEW 8 Week Curriculum
- Program T-Shirt
- Drawstring Bag
- 5K Race Entry
- 5K Finisher Medal





May 17, 2025



8:00AM | Registration Opens 9:00AM | Race Starts



Foundation For Youth 405 Hope Avenue Columbus, IN 47201



April 1-30, 2025 - \$20 May 1-16, 2025 - \$30 May 17, 2025 - \$35

foundationforyouth.com



# **HOW DO I REGISTER?**



### WWW.FOUNDATIONFORYOUTH.COM



### **CUSTOMER SERVICE DESK**

(812) 348- 4558 Ext. 0



### **FOUNDATION FOR YOUTH**

405 Hope Avenue, Columbus, IN 47201

# **CUSTOMER SERVICE HOURS:**

MONDAY - FRIDAY 9:00AM - 5:00PM

SATURDAY & SUNDAY CLOSED

## WHAT IS GIRLS ON THE RUN AND TRAILBLAZERS?

Our mission is to inspire girls and boys ages 8-12 to be joyful, healthy and confident using a fun, experience-based curriculum. The programs creatively integrate running to train for a 3.1 mile running event at the end of the season. The participants meet one or two days a week for approximately 90 minutes. The end of the season is celebrated with a 5K race held at Foundation For Youth.

## WHY ARE SOME SCHOOLS ON A WAITLIST?

A waitlist means we are still looking for a Head Coach or the team is full. We highly recommend adding your child to the waitlist. We will contact those on the waitlist if a Head Coach is found.

## HOW DO I FIND OUT WHAT TEAM MY CHILD IS ON?

The Remind app is a communication platform used for all FFY Athletics programs. The season packet including team rosters and coach contact information will be sent out on the app.

Parent Group: @GOTRTBLAZE

Volunteer Coach Group: @COACHGRTR



## **HOW CAN I GET INVOLVED?**

Our youth athletic programs are **not possible** without the **commitment of volunteer coaches**. We have a variety of volunteer coach resources on our <u>website</u>.



### Visit Our Website

- Volunteer Coach Corner
- ✓ Parent Portal
- Additional Frequently Asked Questions

